

Alternative Healthcare Providers: Chiropractors, physiotherapists, acupuncturists, osteopaths

A list of community practitioners who will see pregnant women:

Acupuncture:

ArtKarma Acupuncture

4 Checkley St, Barrie
705 728 9999
<https://artkarma.ca/>

Wake Wellness

705-245-9253
(See Chiropractor Tyler for labour inductions)

Acupuncture inductions of labour:

Chiropractor Tyler at Wake Wellness
Whitney Young at Rooted in Health
Milena Nikolic from ArtKarma Acupuncture.

Chiropractor:

Wake Wellness: Dr. Corinne Roughsedge
Specializing in prenatal and neonatal
Breech version, birth recovery, plagiocephaly, post tongue-tie

Palmer chiropractic and wellness

765 balm beach Rd
Midland
705-526-0006

Brittany Labatte (in home)

705-209-9389
blabattedc@gmail.com

Corrine Roughsedge, Wake Wellness

Specializes in pregnancy and infant care, incl. Breech, lactation, etc.

Naturopathic Medicine:

Rooted in Health Barrie, Naturopathic medicine and alternative therapies

Rootedinhealth.ca
705-792-6717

Kamerin Matheson, ND 705-528-2914, or 705-812-6688

Midland, The Wiesner Centre for Health & Wellness, 451 Dominion Avenue, L4R 1P4
<http://www.kmathesonnd.com>

Specializes in endocrine (esp menstrual dysregulation) and digestive. Clinical Nutrition, Botanical Medicine, Homeopathics, Traditional Chinese Medicine (including Acupuncture, or herbal patents formulas), Physical Medicine, Counseling and stress-reduction/management.

Dr Katie Rothwell, ND

451 Dominion Avenue, Midland, 705-528-4285 <http://www.midlandnaturopath.ca/>

Pre and perinatal care: thyroid, Addressing common pregnancy concerns such as heartburn, muscle cramps, constipation, low iron, etc. pptm hormone balancing

THE NATURAL PATH Jenni Flanagan H.D. (N.D. Aust)

Midland 344 First St. ph: 705-527-1598 <http://www.thenaturalpath.pro/> Women's Conditions: Pre-peri-post Complaints of pregnancy or Post-natal depression, Uterine fibroids, cysts; Babies' conditions: Poor weight gain, irritability

Barrie Homeopathy and Wellness Centre

93 Bell Farm Rd, Suite 102 Barrie. www.barriehomeopathy.ca/

Expectant Mom's program, support for complaints of pregnancy, and labour prep

Osteopath:

Jeremy Clark (pretty full)

Located at: 200 Belmoral Dr. Orillia, ON, L3V 5P8

Telephone: 7052382399 Email: jeremyclarkrmt@yahoo.ca

Sarah Shaw

Discover Wellness

190 Memorial Avenue Orillia Ontario

705-955-3997

Website: <https://www.discoverwellness.ca/>

Rae-Ann Bennett

(Prioritizes infants)

Bennett Physiotherapy and Osteopathy

102-300 Lakeshore Drive Barrie

Cathy Eyd (specializes in pregnancy and pediatric)

31 Tyndale Rd, Barrie ON L4N 7T1 Canada

(705) 735-9351

Kathy Leung Degen

Thrive Therapeutics

4 Checkley Street Suite 204, Barrie, ON

<https://thrivetherapeutics.ca/>

(705) 792-2020

Natural Balance Osteopathy and Wellness

705-719-5656 - Offices in Barrie and Midland, Cory Scopel (works out of Midland office at 451 Dominion Ave, not on the Ontario Association of Osteopathic Manual Practitioners site)