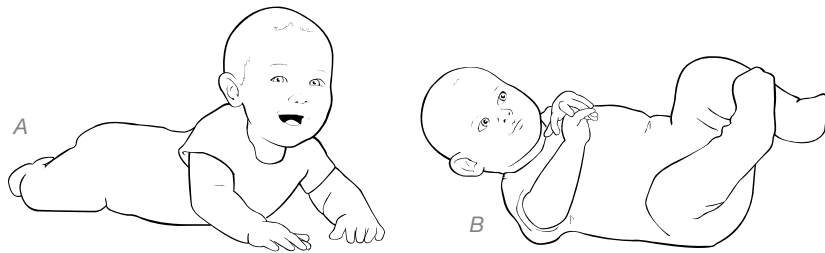


Child's Name: _____

Birthdate: _____ Today's Date: _____

The Nipissing District Developmental Screen is a checklist designed to help monitor your child's development.

- Y N BY FOUR MONTHS OF AGE, DOES YOUR BABY:**
- 1 Follow a moving toy or person with eyes?
 - 2 Glance from one object to another?
 - 3 Make some sounds when looking at toys or people?
 - 4 Brighten to sound, especially to people's voices?
 - 5 Respond to you by making sounds and moving arms and legs?
 - 6 Laugh and smile in response to your laughs and smiles?
 - 7 Finish each feeding within 45 minutes?
 - 8 Lift head and chest and support self on forearms when placed on tummy? ** A
 - 9 Bring both hands to chest and keep head in midline when lying on back? B
 - 10 Hold head steady when supported at the chest or waist in a sitting position?
 - 11 Reach for an object when supported in a sitting position? *(sitting in an infant chair or on your lap)**
 - 12 Hold an object briefly when placed in hand?



* Examples provided are only suggestions. You may use similar examples from your family experience.

** Item may not be common to all cultures.

Always talk to your healthcare or childcare professional if you have any questions about your child's development or well being. See reverse for instructions, limitation of liability, and product license. Nipissing District Developmental Screen © 2011 Nipissing District Developmental Screen Intellectual Property Association. All rights reserved.

Instructions for the Nipissing District Developmental Screen®

The **ndds** is a developmental screening tool designed to be completed by a parent or caregiver. It provides a snapshot of your child's development to discuss with your health care or child care professional. The areas of development covered by the **ndds** include vision, hearing, emotional, fine motor, gross motor, social, self-help, communication, and learning and thinking. The screens coincide with key developmental stages up to age six.

1. Choose the screen that matches your child's age

The ages are noted on each screen. If your child falls between two ages, use the earlier age (for example: if your child is 4½ years old use the 4 year old screen). Health care professionals may want to correct for prematurity based on their current clinical practice.

2. Answer the questions to the best of your ability

If you are not sure, try the question with your child before checking yes or no. Any examples provided are only suggestions. You may use similar examples from your family experience. The language and communication items can be asked in the child's first language. Items marked with ** may not be common to all cultures.

3. Follow-up with your health care and/or child care professional

If you answer "no" to any question or have any concerns about your child's development, follow-up with your health care and/or child care professional.

Activities for your child

While the skills in each screen are expected to be mastered by most children by the age shown, the activities may be a bit more challenging. You can practice with your child to prepare him/her for the next developmental stage. To help you, each activity has a symbol that represents the main area of development.

If you have questions or concerns about using any activity for your child, contact a health care or child care professional.

LIMITATION OF LIABILITY Nipissing District Developmental Screen® (NDDS®) has created and provides the Screen Forms to assist parents, health care and child care professionals (users) with a convenient and easy to use method of recording the development and progress of infants and children within certain age groupings. The Screen Forms are not meant to be a substitute for the advice and/or treatment of health care and child care professionals trained to properly and professionally assess the development and progress of infants and children. Although the Screen forms may help users to determine when they need to seek out the advice and/or treatment of health care and child care professionals, users must still consult with competent health care and child care professionals for advice and/or treatment respecting specific children and their particular needs.

Users should bear in mind the following when using the Screen Forms: (i) The needs of each infant/child are unique. Each infant/child will develop differently and as such, any perceived limitations in development must be reviewed by a health care and/or child care professional to be properly assessed; (ii) While every effort has been made to make the Screen Forms as culturally, economically and geographically neutral as possible, it must be understood by users that they may still reflect some cultural, economic or geographic prejudices. As such, these prejudices may affect a specific infant's/child's results in a Screen Form without actually reflecting a developmental limitation. Again, users should contact a health care and/or child care professional to review the needs of an individual infant/child; (iii) The Screen Forms cannot contain every possible indicator of developmental limitations or goals to be met. As such, the Screen Forms are not designed for and should not be used to diagnose or treat perceived developmental limitations or other health needs. NDDS® makes no representation or warranties, express or implied. This includes, but is not limited to, any implied warranty or merchantability of fitness for a particular use or purpose, and specifically disclaims any such warranties and representations. NDDS® expressly disclaims any liability for loss, injury or damages incurred or occasioned as a consequence, directly or indirectly, of the use of the Screen Form.

The Screen Forms are sold with the understanding that NDDS® is not engaged in rendering health care, child care, medical or other professional services.

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ndds 2011

The following **activities for your baby** will help you play your part in your baby's development.

I need to feel safe and secure so I can focus my attention on exploring the world around me. You won't spoil me by holding me.

We need quiet time together so we can get to know each other. Rock me in your arms, hold me close, make eye contact, talk, and sing to me. This is how I learn to trust you.

Let's play together. I may enjoy massage or gentle tickling. Watch for my response. If I enjoy it, we can do it again.

I like it when you move my hands in front of my face so I can see them. Clap my hands together and play *Pat-a-cake*.

I like variety and tire easily, so change my position often throughout the day. Place me on my tummy, prop me up safely in a sitting position, place me on my back, or hold me at your shoulder.

When I am on my tummy, move bright coloured toys in front of me. This will encourage me to lift my head and push up with my forearms to get my chest off the floor. I want you to see what I can do. I love your face the best, so please get down on the floor with me.

Talk to me face to face. Use my name often while we are playing, dressing, and feeding. From time to time, use a high voice, low voice, singsong voice, or soft voice.

As we play together, imitate my speech sounds (sighs, coos, jabbering) and my actions (facial expressions, movements). Wait for me to respond and react to me by smiling, laughing, and praising.

I like your voice the most. Say nursery rhymes, and sing lullabies and songs you make-up. Try this from different parts of the room to see if I can turn to find you. Remember to give me quiet time each day.

I need time to practise looking, reaching, and touching. Place a variety of toys of different textures in my hand. Crib gyms or other suspended objects will help me to practice these skills.

I can choke on anything that fits through this circle.

3.7 cm (1.5 inches) diameter

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