

Food Access Resources

Below is a list local community programs that offer food and baby items to those in needs.

Georgian Bay Food Network

230 Aberdeen Blvd, Midland ON L4R 5N4

A non-profit, store-front-style food bank.

Open Mon, Wed, Friday 11am to 4pm

Need to register online first: <https://gbfn.org/registrationform>

Mother Care & Next Steps Program

Simcoe County Community Action Program for Children

Run by Catuopa

Mostly Virtual and run through the week

Receive grocery cards and support

To register call 705-733-3227 ex2236 or

or email capc@catulpa.on.ca

Elmvale Foodbank

35 Queen Street W, Elmvale ON

Wed: 4:00 p.m. – 06:00 p.m.

Thu: 10:00 a.m. – 12:00 p.m.

705-322-9096

The Salvation Army Midland Food Bank

555 Dominion Avenue, Midland, ON, L4R 4K8

Hours

Mon: 9:30am - 11:30am

Wed: 9:30am - 11:30am

Fri: 9:30am - 11:30am

705-526-2751

North Simcoe Good Food Box Program

\$16/month - delivery of fresh veggies & fruit

email: northsimcoegoodfoodbox@gmail.com

Baby Needs Depot @ GBGH

Community-based program supplies emergency provisions for families in need of baby products

* formula, diapers (size newborn and one), clothing

Contact details on website:

https://www.aeswellnessportal.ca/Services/Display/206335/Baby_Needs_Depot

Georgian Bay Native Womens' Association

* Prenatal Nutrition Program (CPNP): provides culturally grounded programming and services to improve the health outcomes of Indigenous mothers and their babies (pre-natal to 18

months). Programs are designed to also include fathers and extended family, where relevant. CPNP helps support the needs of pregnant women facing challenges that could potentially put their health and the health of their infants at risk.

*Shki Biinoojii Well-Being Program (New Baby Program): serves Indigenous mothers prenatal and postpartum. SBWP provides screening and culturally appropriate interventions and follow-up to infants, toddlers and their families. This program strives to create opportunities to regain and retain the traditional knowledge that supports Mno Bimaadziwin (The Good Life) for our people.

(705) 527-7043

info@gbnwa.ca